

# Creamy Lemon Pasta Ingredient List

✓	Amount	Grocery Item
<input type="checkbox"/>	8 oz	Pasta
<input type="checkbox"/>	1 cup	Leafy greens: Kale/Spinach (can be frozen)
<input type="checkbox"/>	1	Head of Broccoli
<input type="checkbox"/>	1	Can of Callenini Beans (canned)
<input type="checkbox"/>	1	Herbs: Parsley or Basil
<input type="checkbox"/>	2	Garlic Cloves
<input type="checkbox"/>	1	Lemon
<input type="checkbox"/>		Olive Oil
<input type="checkbox"/>		Parmesan or nutritional yeast encouraged
<input type="checkbox"/>		Optional vegetables: Mushrooms, bell peppers, green beans, roasted brussel sprouts
<input type="checkbox"/>		Optional garnishes: red pepper flakes, green onion
<input type="checkbox"/>		Optional meat: Grilled chicken, meatballs, or bacon